November 2017

Hawthorn School District #73
Elementary Lunch Menu

arbor Management Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch $2.80 (Milk included with meal) **Milk 50¢** Offered Daily: Fat Free Flavored 1% White		1 Breaded Chicken Sandwich 38 or French Toast Sticks 35 V w/Egg Patty 1 Romaine Salad 2 Sliced Strawberries 23	2 Soft Tacos w/Taco Meat & Shredded Cheddar 33 or Cheese Pizza 37 V Green Beans 4 California Raisins 34 Early Release Day	3 Bosco Sticks 50 V w/Marinara Sauce 2 or Pancake 30 V & Sausage * 1 Dill Pickle Chips 2 Mixed Fruit Cocktail 17
6 Cheeseburger 30 or Nacho Supreme w/Taco Meat & Cheddar Cheese 43 BBQ Baked Beans 20 Orange Wedges 11	7 Grilled Cheese 29 V or Mini Corn Dogs 34 Whole Kernel Corn17 Bartlett Pears 20	8 Chicken Nuggets 13 or French Toast Sticks 35 V w/Egg Patty 1 Baked Potato Rounds 19 Applesauce 15	9 Pasta & Meatballs 28 or Cheese Pizza 37 V Raw Broccoli Buds 3 Cling Peaches 17	10 No School Veteran's Day
13 Breaded Chicken Sandwich 38 or Nacho Supreme w/Taco Meat & Cheddar Cheese 43 Romaine Salad 2 Crisp Apple 16	14 Pop Corn Chicken 13 or Cheese Pizza 37 V Baked Potato Rounds 19 Cling Peaches 17	15 Hot Dog 30 or Max Cheese Sticks 34 V w/Marinara Sauce 2 Whole Kernel Corn 17 Sliced Strawberries 23	16 Mac & Cheese 32 V or Mini Corn Dogs 34 Cucumber Slices 0 Juicy Blueberries 12 Baked Sweet Potatoes w/Apples 17	17 Bosco Sticks 50 V w/Marinara Sauce 2 or Pancake 30 V & Sausage * 1 Raw Broccoli Buds 3 Applesauce 15
20 Cheeseburger 30 or Nacho Supreme w/Taco Meat & Cheddar Cheese 43 Sweet Peas 12 Bartlett Pears 20	21 No School Parent / Teacher Conferences	22 Happy Thanksgiving!	23	24
27 Hot Dog 30 or Nacho Supreme w/Taco Meat & Cheddar Cheese 43 Black Beans 18 Juicy Blueberries 12	28 Mac & Cheese 32 V or Chicken Tenders 13 Baked Potato Rounds 19 Crisp Apple 16	29 Breaded Chicken Sandwich 38 or French Toast Sticks 35 V w/Egg Patty 1 Romaine Salad 2 Sliced Strawberries 23	30 Soft Tacos w/Taco Meat & Shredded Cheddar 33 or Cheese Pizza 37 V Green Beans 4 California Raisins 34	

Available Daily

Vegetarian Student Salad 31 V
w/Cheddar Cheese

Sun Butter & Jelly Sandwich 54 V

Turkey & Cheese Sub 31

Chicken Caesar Salad 25

Fruity Yogurt & Grain Plate 67 V

Fresh Fruit & Veggie Bar

Thanksgiving Treat

Baked Sweet Potatoes w/Apples Available on November 16th!

Questions

Call Marybeth Sprague
Food Service Director
847-990-4418

Menu changes may be necessary. Notice will be given when possible.

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

arbor online

(*) Contains Pork

(V) Indicates a Vegetarian Entrée

Carbohydrates noted in Red are per manufacturer

This institution is an equal opportunity employer.